INFERTILITY WORKSHOP

THEME: Journey of the routine gynaecologist to ART

About the workshop:

This course will provide an overview and the most up-to-date information on the current trends and practices in the field of reproductive endocrinology and infertility.

The objectives will be:

- To offer a comprehensive and state-of-the-art view of the multiple aspects of diagnosing and treating an infertile couple.
- To provide guidelines to the routine gynaecologist in the field of Reproductive Endocrinology practice, such as Infertility Work-Up, Diagnosis and Treatment of Anovulation, Ovarian Stimulation for IUI, IUI techniques and medicolegal aspects of infertility practice.
- To provide guidelines on how to individualize treatment with the importance of lifestyle changes in the management.
- To provide information on how the routine gynaecologist can upgrade practice to provide advanced infertility treatment.

CONVENER: 
Dr. Madhuri Patil  
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CO CONVENERS: 
Dr. Devika Gunasheela 
Dr. Reeta Biliangady

COORDINATORS: 
Dr. Mahesh Koregal 
Dr. Shilpa G B

NATIONAL ADVISORS: 
Dr. Hrishikesh Pai, Mumbai  
Dr. Sunita Tandulwadkar, Pune  
Dr. Asha Baxi, Indore

INTERNATIONAL FACULTY: 
Professor Anuja Dokras (USA)  
Rina Agarwal (United Kingdom)

MENTOR: Dr. Kamini Rao

VENUE: Gayatri Vihar, Palace Grounds

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<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tbody>
<tr>
<td>8.00-9.00 am</td>
<td>Registration</td>
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<tr>
<td>10.30-10.45 am</td>
<td>Inauguration</td>
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<tr>
<td>9.00-9.10 am</td>
<td>Introduction Overview of Trends and practice – Where do infertility patient seek care?</td>
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| 9.10-10.30    | Session 1- Pre-conception care  
Chairpersons: M.G Hiremath, Kundan V Ingale, Raghavendra Prasad          |
| 9.10 am       | Care at first visit – 22, 32, 42 years (investigations and counselling)         
Dr. Devika Gunasheela                                             |
| 9.30 am       | Semen Analysis and its interpretation                                            
Dr. Shreyas Padgaonkar                                           |
| 9.50 am       | Ovulation Induction by Gynaecologist. Is monitoring essential for all OI cycles? 
Dr. Madhuri Patil                                                |
| 10.10 am      | Discussion                                                                       |
| 10.30-10.45 am| Inauguration and Coffee                                                           |
## INFERTILITY WORKSHOP

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### Session 2 - What is done, what is desired?
**Chairpersons:** Basavaraj Devarshetty, Jayam Kannan, Archana Baser

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<th>Topic</th>
<th>Speaker</th>
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<tr>
<td>10.45 am</td>
<td>Optimizing Ovarian Stimulation for IUI</td>
<td>Dr. Padma Rekha Jirge</td>
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<tr>
<td>11.05 am</td>
<td>Adjuvants in OI and IUI cycles – What is the evidence?</td>
<td>Dr. Asha Baxi</td>
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<td>11.25 am</td>
<td>Basic management of PCOS</td>
<td>Dr. Anuja Dokras</td>
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<td>11.45 am</td>
<td>Luteal phase support in non-ART cycles – What is the evidence?</td>
<td>Dr. Rina Agarwal</td>
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<tr>
<td>12.05 pm</td>
<td>Discussion</td>
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### Session 3 – Panel Discussion on “How effective is IUI in treatment of Infertility?”
**Moderator:** Dr. Sunita Tandulwadkar, Dr. Reeta Biliangady

**Panel Members:** Drs. Anupama Rao, Anuradha Kar, Jyothi Menon, K M Kundavi Shankar, Lavanya Kiran, Shilpa G B, Shobhana Patted, Sumana Gurunath

### Session 4 - Set up and step up
**Chairpersons:** Govind Miraj, Indu Madhusudan, Arshi Iqbal

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<th>Speaker</th>
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<tr>
<td>2.00 pm</td>
<td>When to refer for IVF?</td>
<td>Dr. Mohan Kamath</td>
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<td>2.15 pm</td>
<td>Satellite IVF clinics – How does it work?</td>
<td>Dr. Purnima Nadkarni</td>
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<td>2.30 pm</td>
<td>Which clinics require ICMR certification?</td>
<td>Dr. Kamini Rao</td>
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<td>2.45 pm</td>
<td>Ethics and Medicolegal aspects of infertility treatment</td>
<td>Dr. Hitesh Bhat</td>
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<tr>
<td>3.00 pm</td>
<td>Discussion</td>
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### Session 5: Panel Discussion on “Do’s and Don'ts in management of an Infertility couple”
**Moderator:** Dr. Sujata Kar, Dr. Fessy Louis

**Panel Members:** Drs. Kunju Moideen, Laxmi Shrikhande, Mangala Devi, Mahesh Koregol, Nirmala R, Rekha Rajendra Kumar, Rina Agarwal, Venugopal M

### Audience Interaction

**Complimentary Takeaways:**
1. Videos on sperm separation techniques - Swim up and density gradient
2. ESHRE guidelines
3. ASRM guidelines
4. E Books - OI and IUI, USG in infertility, PCOS and IVF